

ESENCIA

WELLNESS

SPA MENU

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MENU OF SERVICES

RELAXATION RITUALS

MASSAGE MENU

BODY TREATMENTS

TREATMENT MENU

NOBU SIGNATURE TREATMENTS

TREATMENT MENU

NOBU EXPERIENCES

FOR TWO

RELAXATION RITUALS

ESENCIA 50 MIN

Renew your vital energy with a complete body massage. Enjoy a well-being feeling, improve your circulation, relax the muscles and stimulate the lymphatic system.

ORIENTAL ESSENCE 50/80 MIN

A gentle massage that incorporates local aromatic balms. Its citric and herbal essences increase balance and relaxation. Choose the balm of your preference and experiment the vibration and relaxation you need.

DEEP SLEEP 80 MIN

A massage that is directed towards the deep tissue muscles through a wide range of techniques, using slow movements and selective pressure. The therapist relieves muscular tension, improves flexibility and improves the range of motion.

VOLCANIC STONES 80 MIN

This massage combines the properties of the warm and smooth healing stones with a reconstructive massage to relieve muscular pain, tension and accumulated fatigue. The healing properties of this treatment balance your mind, body and soul.

ESENCIA FOR TWO 50/80 MIN

Sensorial experience that transports to a peaceful environment, shared with that special person.

BODY TREATMENTS

OCEAN GLOW 50 MIN

Spectacular exfoliation that nourishes and soothes skin while eliminating accumulated toxins. This treatment will leave your skin radiant and smooth to the touch.

SUN RELIEF 50 MIN

This essential ritual relieves the discomfort caused by excessive solar exposure, helping the skin to prevent immediate peeling. Enjoy the cooling relief with our exclusive sunburn body wrap.

NOBU SIGNATURE TREATMENTS

NAGOMI RITUAL 105 MIN

Designed to increase relaxation, flexibility and flow of the energy, our ritual takes you to a journey that wakens your senses. We begin with a relaxing floral feet bath followed by an Asian fusion of massage, facial cleanse and body exfoliation. Herbal warm wraps calm the muscles, purify your body and relax your mind. Selected essential oils to cover your needs moisture and nourish your skin. This combination of technics increase relaxation, joint movement and helps energy flow.

NOBU ZEN 105 MIN

Nobu Zen massage is designed based on your needs using technics from around the world. No two bodies are the same and there is no specific treatment suitable for everyone. Our therapists use a combination of several techniques of massages with your favorite aromatic oil combination to achieve a personalized treatment that will take care of your specific needs; feel how the tension and stress vanishes.

JAPANESE SILK 90 MIN

Inspired in the traditional Japanese art of body care, this luxury and energizing ritual for the body stimulates circulation and energy flow. Your journey begins with a body exfoliation to prepare the skin for a full nourish body massage with the use of warm stones and concludes with a face mask and scalp massage. Find the balance, feel renewed and restored.

NOBU EXPERIENCES FOR TWO

TRADITIONAL EXPERIENCE 130 MIN

Hydrotherapy 30 min + Massage 50 min + Facial 50 min

Restores the vital cycle of your skin and reverse the time, this ritual is inspired in Mayan culture. Through innovating massage technics, regenerating products and the best standards, this ritual restores vital cycles and celebrates the present moment, reversing time in skin.

NATURAL EXPERIENCE 130 MIN

Hydrotherapy 30 min + Scrub 20 min + Wrap 40 min + Facial 40 min

Enjoy the detoxifying effects of this treatment that transforms your skin with 100% natural ingredients. This experience begins with a detoxification body and facial treatment, followed by a restoring massage that will liberate you from stress and fatigue.

DIVINE EXPERIENCE 130 MIN

Hydrotherapy 30 min + Scrub 20 min + Massage 80 min

An integral treatment that begins with a delicate exfoliation that renews the cells and leaves a velvety touch in the skin while the botanical relaxing and indulging extracts of the massage oil leave your mind, body and spirit in a state of full well-being.

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